

2008 - 2009												
1.	100	1:05.94	442	800	10:34.52	431	200	2:43.58	413	" "	1286	3
2.	100	1:10.63	360	800	11:19.85	350	200	3:06.50	278		988	3
3.	100	1:12.58	331	200	2:56.59	328	800	11:39.37	321		980	3
4.	100	1:29.65	336	200	2:56.93	326	800	11:47.80	310		972	3
5.	800	11:23.64	344	100	1:21.56	307	200	3:01.83	301		952	3
6.	100	1:13.00	326	800	11:45.12	314	200	3:02.83	296		936	3
7.	200	2:59.76	311	100	1:32.03	311	800	12:11.77	281	" "	903	3
8.	100	1:14.48	307	800	11:56.18	299	200	3:04.03	290		896	3
9.	800	11:55.23	301	200	3:02.10	299	100	1:24.36	271		871	3
10.	100	1:14.86	302	200	3:03.10	294	800	12:39.85	251	" "	847	3
11.	100	1:36.64	268	200	3:10.33	262	800	12:58.12	233		763	3
12.	800	12:23.10	268	100	1:37.21	263	200	3:19.48	227		758	3
13.	100	1:16.69	281	200	3:07.09	276	800	13:50.08	192	" "	749	3
14.	800	12:04.91	289	200	3:07.79	273	100	1:37.05	178		740	3
15.	800	12:33.49	257	200	3:11.83	256	100	1:29.86	224		737	3
16.	200	3:05.77	282	800	12:51.46	239	100	1:31.13	215		736	3
17.	800	12:24.72	266	200	3:15.84	240	100	1:23.07	221	" "	727	3
18.	100	1:37.33	263	200	3:15.18	243	800	13:33.77	204		710	3
19.	100	1:39.05	249	800	13:01.68	230	200	3:22.56	217		696	3
20.	200	3:17.19	236	800	13:07.91	225	100	1:31.41	218		679	3
21.	800	13:02.29	230	100	1:30.05	228	200	3:28.84	198		656	3
22.	100	1:19.43	253	200	3:27.18	203	800	13:47.89	194		650	3

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23.	200	3:25.69	207	100	1:33.75	202	800	13:37.61	201	610	3
24.	200	3:24.41	211	100	1:25.80	200	800	13:42.78	197	608	3
25.	800	13:29.68	207	200	3:28.01	201	100	1:47.80	193	601	3
26.	800	13:28.09	208	200	3:27.53	202	100	1:43.04	152	562	3
27.	100	1:32.38	160	200	3:44.99	158	800	15:14.52	143	461	3
28.	100	1:46.99	136	200	4:02.48	126	800	16:22.02	116	378	3
29.	200	3:52.11	144	800	16:05.07	122	100	2:02.53	88	354	3

2006 - 2007

1.	800	9:33.85	461	100	59.39	433	200	2:28.11	405	1299	3
2.	800	9:52.27	419	100	1:00.19	416	200	2:29.93	390	1225	3
3.	100	1:14.79	411	800	10:15.11	374	200	2:33.13	366	1151	3
4.	800	9:46.08	433	200	2:37.45	337	100	1:05.26	326	1096	3
5.	800	10:18.78	367	200	2:34.27	358	100	1:10.41	334	1059	3
6.	800	10:14.19	376	200	2:37.63	336	100	1:10.12	322	1034	3
7.	100	1:09.38	332	800	10:47.63	320	200	2:45.73	289	941	3
8.	200	2:40.79	316	800	10:54.81	310	100	1:12.76	303	929	3
9.	200	2:38.50	330	100	1:06.42	309	800	11:15.97	282	921	3
10.	800	10:39.69	333	100	1:23.53	295	200	2:46.38	286	914	3
11.	800	10:23.59	359	200	2:45.39	291	100	1:15.18	261	911	3
12.	100	1:06.51	308	800	10:58.55	305	200	2:44.56	295	908	3
13.	800	10:33.87	342	200	2:47.59	279	100	1:10.16	262	883	3
14.	800	10:44.18	326	100	1:08.58	281	200	2:52.82	255	862	3
15.	800	10:54.69	310	200	2:46.33	286	100	1:16.44	261	857	3

16.	100	,	1:22.06	311	800	11:20.83	276	200	2:49.68	269	856	3	
17.	800	,	10:47.32	321	100	1:08.98	276	200	2:53.40	252	849	3	
18.	800	,	11:08.64	291	200	2:46.39	286	100	,	1:14.95	263	840	3
19.	100	,	1:14.24	285	800	11:23.34	273	200	2:49.78	269	827	3	
20.	200	,	2:45.97	288	100	1:14.74	279	800	11:43.05	250	817	3	
21.	100	,	1:07.44	295	800	11:21.51	275	200	2:57.01	237	807	3	
22.	100	,	1:08.34	284	800	11:43.53	250	200	2:56.07	241	775	3	
23.	100	,	1:25.79	272	800	11:40.87	253	200	2:57.72	234	759	3	
24.	100	,	1:09.70	268	200	2:58.19	232	800	12:08.79	225	725	3	
25.	800	,	11:53.61	239	200	2:58.05	233	100	1:13.69	226	698	3	
26.	100	,	1:12.88	234	200	2:59.52	227	800	12:09.84	224	685	3	
27.	100	,	1:11.40	249	800	12:00.35	233	200	3:07.30	200	682	3	
28.	800	,	11:47.44	246	200	3:02.24	217	100	1:15.72	209	672	3	
29.	100	,	1:31.04	227	800	12:09.19	224	200	,	3:06.27	203	654	3
30.	800	,	11:59.97	233	100	1:19.54	232	200	3:14.85	178	643	3	
31.	800	,	11:41.24	252	100	1:15.34	212	200	3:16.69	173	637	3	
32.	100	,	1:12.95	233	800	12:38.59	199	200	3:08.40	197	629	3	
33.	100	,	1:14.47	219	800	12:30.38	206	200	3:06.91	201	626	3	
34.	800	,	11:37.37	257	200	2:59.72	226	100	,	1:34.34	132	615	3
35.	100	,	1:11.58	247	200	3:07.98	198	800	13:23.49	168	613	3	
36.	100	,	1:14.14	222	800	12:33.96	203	200	3:14.39	179	604	3	
37.	200	,	3:03.29	213	100	1:35.37	198	800	12:47.38	192	603	3	
38.	100	,	1:15.85	207	800	12:38.72	199	200	3:11.27	188	594	3	
39.	800	,	12:21.19	214	200	3:08.01	198	100	"	"	575	3	

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40.	800	,	12:08.99	225	200	3:07.99	198	.	100	1:31.92	143	566	3
41.	100	,	1:20.45	174	800	13:18.22	171	.	200	3:22.24	159	504	3
42.	800	,	13:36.33	160	100	1:23.41	156	.	200	3:27.42	147	463	3